



## 24-HOUR URINE TEST

**If your physician handed you a written order,  
please bring it to the lab.**

### **COLLECTION INSTRUCTIONS:**

1. You have been provided a collection device called a “hat” and a large specimen container. The hat should be placed under the toilet seat to collect your urine for the next 24 hours.
2. To start the test, **urinate and discard** first specimen. **This specimen does not go into the specimen container, but does mark the start time of your test.** Write the exact start time on the specimen container.
3. **You will collect all of your urine for the next 24 hours.** Do this by pouring your collected urine from the hat into the specimen container.
4. **Urine must be refrigerated during the entire collection process.**
5. To end the test after 24 hours, record the exact time of your final specimen collection on the specimen container.
6. Deliver the specimen container containing your urine and recorded start and end times to the LWH-OH Laboratory **within 24 hours of completion of test.**

*Your physician will receive results of your testing. You may also view your results by logging into your MyOchsner account. If you do not receive your lab results within 10 days, please contact our office at (225) 201-2000.*